



Cumann Sléibhteoireachta Chorca Dhuibhne

RULES OF THE CLUB

- Personal responsibility: To have regard for the safety and welfare of oneself and others while walking and to report any incidents to the walk leader.
- Duty of Care: Each member owes a duty of care to others, who are closely and directly affected by their actions therefore we ask members to bear in mind the consequences of their actions while on the hills.
- The leader (or any Committee member in the absence of a designated leader) may refuse to allow a person on a walk if that person is deemed to be a danger to themselves or to the safety and enjoyment of the group or judged to be under the influence of drugs or alcohol.
- Participants should be aware that medical conditions or medications could impact on their ability to complete the walk and if so should inform the leader.
- Each participant is required to register for a walk as detailed in the walk notification email and WhatsApp prior to the walk.
- Participants must have appropriate clothing and equipment as recommended on the Club website www.dinglehillwalkingclub.com
- If a participant chooses to leave the group for any reason, it is at their own risk, and they must inform the walk leader in advance.
- Guests are welcome to join Club walks subject to a limit of three walks. New members and guests should undertake a grade C or D walk initially.
- Where a guest is introduced by a Club member, that member will assume responsibility in regards to the guests suitability for the walk.
- Dogs are not permitted on Club walks.
- Cumann Sléibhteoireachta Chorca Dhuibhne supports the principles of Leave No Trace. All rubbish must be brought back home.

Walk Leader's Role

Our walk leaders are volunteers who have agreed to facilitate walks on behalf of the Club. The walk leader is normally a volunteer with some hillwalking experience who takes the lead role for a particular walk on the understanding that each participant takes clear responsibility for themselves as individuals in every aspect of the activity.

The walk leader may designate specific tasks to experienced members of the group or to those with specific skills.

Mountaineering Ireland Statement

Mountaineering Ireland recognises that hillwalking, climbing and rambling are activities with a danger of personal injury or death. Participants in these activities should be aware of and accept these risks and be responsible for their actions and involvement.